

Louisville Aquatics PROGRAM POOL - OCTOBER 3rd -31st

	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY								
LANES	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	LANES
5:30 AM																													5:45 AM				
6:00 AM	LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE												6:00 AM				
7:00 AM	LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE												7:00 AM				
8:00 AM	LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE												8:00 AM				
9:00 AM	LAP SWIM WATER EXERCISE				AERO DEEP MARY				LAP SWIM WATER EXERCISE				AERO DEEP MARY				LAP SWIM WATER EXERCISE				PARENT-LED SWIM LESSONS 8:50 AM- 12:00 PM								9:00 AM				
10:00 AM	PARENT-LED SWIM LESSONS 10:00 AM- 12:30 PM				LAP SWIM WATER EXERCISE				AQUA ZUMBA LAURA				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE												10:00 AM				
11:00 AM	PARENT-LED SWIM LESSONS 10:00 AM- 12:30 PM				LAP SWIM WATER EXERCISE												11:00 AM																
12:00 PM					AERO DEEP RONDA				LAP SWIM WATER EXERCISE				AERO DEEP RONDA				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE								12:00 PM				
1:00 PM	LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE								1:00 PM				
2:00 PM	LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE								2:00 PM				
3:00 PM	LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE												3:00 PM				
4:00 PM	LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				AERO DEEP ANASTASIA				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE												4:00 PM				
5:00 PM	LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE																5:00 PM				
6:00 PM	LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE								Close 2:45				Closed				6:00 PM				
7:00 PM																	Close 4:45												7:00 PM				
8:00 PM																													8:00 PM				
9:00 PM	Close 6:45				Close 6:45				Close 6:45				Close 6:45																9:00 PM				

Color Key:

- LAP SWIM WATER EXERCISE
- PARENT-LED SWIM LESSONS
- PARENT-LED PRIVATE
- WATER AEROBICS CLASSES
- CLOSED FOR CLEANING

Louisville Aquatics PROGRAM POOL - OCTOBER 3rd -31st