

Monday	Tuesday	Wednesday	Thursday	Friday
1 Oven Fried Chicken Mashed Potatoes Corn, Tomato & Avocado Salad Pineapple Whole Wheat Roll	2 Beef & Bean Burrito Smothered Green Chili Sour Cream & Guacamole Lettuce & Tomato Cheddar Cheese Whole Orange	3 Grilled Lime Salmon with Avocado-Mango Salsa Coconut Rice Stir-fried Asian Vegetables Whole Peach	4 CLOSED 	5 CLOSED
8 Turkey & Fresh Veggies in Whole Wheat Tortilla with Dijon Mustard & Mayo on the side Roasted Red Potato Salad Zucchini Spears with Ranch Dressing Grapes & a Nut Cup	9 Sweet & Sour Meatballs Rice Noodles Spinach Soufflé Fresh Apricot	10 Barbed Wire For Hire Roasted Chicken Whipped Sweet Potatoes Squash Medley Fresh Strawberries Whole Wheat Roll	11 Baked Tilapia Brown Rice Tossed Salad with Balsamic Dressing Whole Orange Whole Wheat Roll	12 Latte Day Sausage with Grilled Peppers & Onions on a Whole Wheat Bun Potato Salad Fresh Fruit Medley
15 Roast Pork with Gravy Sweet Potatoes Mixed Vegetables Grapes Whole Wheat Roll	16 Grilled Honey Mustard Chicken Wild/Brown Rice Blend Mixed Greens with Balsamic Dressing Pineapple Chunks Whole Wheat Roll	17 Resource Talk Stuffed Cod with Lemon Brown/Wild Rice Blend Green Beans Fresh Strawberries & Blueberries Whole Wheat Roll	18 Baked Chicken Mashed Potatoes Stewed Tomatoes Whole Apple Whole Wheat Roll ALT Liver & Onions	19 Latte Day Beef Cabbage Rolls Green Beans with Mushrooms Seasoned Cottage Cheese Whole Orange Whole Wheat Roll
22 Chicken Salad on Lettuce Leaves Potato Salad with Onion & Green Peppers Fresh Strawberries & Blueberries Whole Wheat Roll	23 Sweet & Sour Pork Brown Rice Oriental Vegetables Fresh Melon Mix Whole Wheat Roll	24 Birthday Lunch Bruschetta Chicken on Angel Hair Pasta Spinach Salad with Pine Nuts & Strawberries with Balsamic Dressing Fresh Plum Whole Wheat Roll	25 Meatloaf Oven Brownd Potatoes Broccoli Fresh Kiwi & Blueberries	26 Latte Day Battered Fried Fish with Lemon Wedges & Tartar Sauce Spinach Bake Tomato & Cucumber Salad Fresh Apricot Whole Wheat Roll
29 Grilled Cilantro Lime Chicken with Avocado Salsa Squash Medley Quinoa Watermelon Slices	30 Lemon Baked Fish Potato Wedges Pea & Cheese Salad Pineapple Chunks Whole Wheat Roll	31 Chicken Piccata Whole Wheat Angel Hair Pasta Avocado Salad with Tomatoes, Mozzarella & Basil Pesto Whole Nectarine Whole Wheat Roll	<div style="background-color: #ADD8E6; padding: 10px; text-align: center;"> <p>Lunch is served at 12:00, noon. Suggested donation for 60+ \$3.00; for 59 & under the cost is \$8.25. Chef Salad, Grilled Chicken Salad, Vegetarian Salad, Low Gluten options available. (Meals prepared in a facility with wheat, nuts & milk) Menu Subject to Change. If you are not at lunch by 12:05pm your meal is not guaranteed.</p> </div>	
Latte Day: Join us for conversation and flavored latte coffee from 10:45 -11:45AM. Resource Talk: Code Enforcement	Birthday Day: Celebrating the month's birthdays! On June 24			