

# Senior Activity Calendar

June 2026

For help with resources, call Katie T. at 303-335-4919

For other senior questions, call Katie B. at 303-335-4914

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9 Massage with Erica 1:15 Bridge, All Levels 1:15 Chess Club	<b>2</b> 9 Massage with Erica 1 American Mah Jongg Meet Up	<b>3</b> 9 Massage with Erica 10 Panera Giveaway 11 Oldies Sing Along 12 Lunchtime Resource Talk: Front Range Aging Solo 12:30 Will Maker Legal Seminar 12:45 Scrabble Meet Up 1 Intermediate and Advanced Line Dance 1:15 Open Game Day 3 Tai Chi 2-Wednesdays 4 Tai Chi 1-Wednesdays 5:15 Tai Chi 3-Wednesdays	<b>4</b> 9 Massage with Erica 9 Loving Hands Craft Group 11:15 Zumba Gold Chair® 1 Fresh Conversations 1:15 Beginning Line Dance 1:15 Samba Card Game 2:15 Improvers Line Dance	<b>5</b> 9 Vitalant Blood Drive 9 Chair Massage 10 Art Club 10 Latte Friday 11 Singin' Seniors Choir 1 Massage with Erica 1:15 Bridge, Advanced-Intermediate Duplicate	<b>6</b> 10 Meditation 10 Tai Chi 3-Saturdays 11 Soul Massage available 11:30 Tai Chi 2-Saturdays 2:30 Let's Speak Italiano
<b>8</b> 9 Massage with Erica 9:30 American Mah Jongg for Beginners 1:15 Bridge, All Levels 1:15 Chess Club 3 Tai Chi 1-Mondays 4 Create & Connect Media Workshop for Adults 4 Introduction to Tai Chi	<b>9</b> 8:30 VNA Footcare 1 American Mah Jongg Meet Up	<b>10</b> 9 Massage with Erica 9 Create & Connect: A Creative Experience 9:30 American Mah Jongg for Beginners 10 Panera Giveaway 11 Oldies Sing Along 12:45 Scrabble Meet Up 1 Intermediate and Advanced Line Dance 1 Boulder County Medicare Counseling 1:15 Open Game Day 3 Tai Chi 2-Wednesdays 4 Tai Chi 1-Wednesdays 5:15 Tai Chi 3-Wednesdays	<b>11</b> 9 Massage with Erica 9 Loving Hands Craft Group 11:15 Zumba Gold Chair® 12:15 Community Conversation with Boulder County Area Agency on Aging 1:15 Beginning Line Dance 1:15 Samba Card Game 2:15 Improvers Line Dance	<b>12</b> 9 Chair Massage 10 Art Club 10 Latte Friday 11 Singin' Seniors Choir 1 Massage with Erica 1:15 Bridge, Advanced-Intermediate Duplicate	<b>13</b> 10 Meditation 10 Tai Chi 3-Saturdays 11 Soul Massage available 11:30 Tai Chi 2-Saturdays 2:30 Let's Speak Italiano

<p><b>15</b></p> <p>9 Massage with Erica 9:30 American Mah Jongg for Beginners 1:15 Bridge, All Levels 1:15 Chess Club 3 Tai Chi 1-Mondays 4 Create &amp; Connect Media Workshop for Adults 4 Introduction to Tai Chi</p>	<p><b>16</b></p> <p>9 Massage with Erica 9 Tech Help with Eric 9:15 Trip: The Art of Cheese-Cheesemaking Class &amp; Farm Tour 1 American Mah Jongg Meet Up 1:15 Tap Dancing</p>	<p><b>17</b></p> <p>9 Massage with Erica 9 Create &amp; Connect: A Creative Experience 9:30 American Mah Jongg for Beginners 10 Panera Giveaway 11 Oldies Sing Along 12 Annual Summer Time Picnic 12:45 Scrabble Meet Up 1 Intermediate and Advanced Line Dance 1:15 Open Game Day 3 Tai Chi 2-Wednesdays 4 Tai Chi 1-Wednesdays 5:15 Tai Chi 3-Wednesdays</p>	<p><b>18</b></p> <p>9 Massage with Erica 9 Loving Hands Craft Group 11:15 Zumba Gold Chair® 1:15 Beginning Line Dance 1:15 Samba Card Game 2:15 Improvers Line Dance</p>	<p><b>19</b></p> <p>9 Chair Massage 10 Blood Pressure Checks by AdventHealth Avista 10 Art Club 10 Latte Friday 11 Singin' Seniors Choir 1 Massage with Erica 1:15 Bridge, Advanced-Intermediate Duplicate</p>	<p><b>20</b></p> <p>10 Meditation 10 Tai Chi 3-Saturdays 11 Soul Massage available 11:30 Tai Chi 2-Saturdays 2:30 Let's Speak Italiano</p>
<p><b>22</b></p> <p>9 Massage with Erica 1:15 Bridge, All Levels 1:15 Chess Club 3 Tai Chi 1-Mondays 4 Create &amp; Connect Media Workshop for Adults 4 Introduction to Tai Chi</p>	<p><b>23</b></p> <p>8:30 VNA Footcare 8:30 Trip: Grand Lake 9 Massage with Erica 9 Tech Help with Eric 1 Book Club: The 100 Years of Lenni &amp; Margot by Marianne Cronin 1 American Mah Jongg Meet Up 1:15 Tap Dancing 1:30 Learn to Play Samba</p>	<p><b>24</b></p> <p>9 Massage with Erica 9 Create &amp; Connect: A Creative Experience 10 Panera Giveaway 10:30 Hospice &amp; Palliative Care Presentation 11 Oldies Sing Along 12 June Birthday Lunch at Brooks Cafe 12:45 Scrabble Meet Up 1 Intermediate and Advanced Line Dance 1:15 Open Game Day 3 Tai Chi 2-Wednesdays 4 Tai Chi 1-Wednesdays 5:15 Tai Chi 3-Wednesdays</p>	<p><b>25</b></p> <p>9 Massage with Erica 9 Loving Hands Craft Group 11:15 Zumba Gold Chair® 1:15 Beginning Line Dance 1:15 Samba Card Game 2:15 Improvers Line Dance</p>	<p><b>26</b></p> <p>9 Chair Massage 10 Art Club 10 Latte Friday 11 Singin' Seniors Choir 1 Massage with Erica 1:15 Bridge, Advanced-Intermediate Duplicate</p>	<p><b>27</b></p> <p>10 Meditation 10 Tai Chi 3-Saturdays 10:15 Trip: Denver Cherry Blossom Festival 11 Soul Massage available 11:30 Tai Chi 2-Saturdays 2:30 Let's Speak Italiano</p>

<p><b>29</b></p> <p>9 Massage with Erica  1:15 Bridge, All Levels  1:15 Chess Club  3 Tai Chi 1-Mondays  4 Create &amp; Connect Media Workshop for Adults  4 Introduction to Tai Chi</p>	<p><b>30</b></p> <p>9 Massage with Erica  1 American Mah Jongg Meet Up  1:15 Tap Dancing  1:30 Learn to Play Samba  6 Community Conversation with Boulder County Area Agency on Aging</p>				
--	---	--	--	--	--