

Louisville Aquatics PROGRAM POOL Sept. 14 - 20

	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY				
LANES	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	LANES
5:30 AM																													5:45 AM
6:00 AM																													6:00 AM
	LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE												
7:00 AM																													7:00 AM
	LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE								
8:00 AM					MINI				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN								LAP SWIM WATER EXERCISE				8:00 AM
	LAP SWIM WATER EXERCISE								LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN												
9:00 AM																													9:00 AM
	AQUAFIT COMBO MARGIE				AERO DEEP MARY				LAP SWIM EXERCISE PRIVATE LSSN				AERO DEEP MARY				LAP SWIM EXERCISE PRIVATE LSSN				GROUP SWIM LESSONS								
10:00 AM																													10:00 AM
	LAP SWIM WATER EXERCISE				WATER RUNNING NANCY				AQUA ZUMBA LAURA				WATER RUNNING NANCY				AQUAFIT COMBO HAWK								MINIS				
11:00AM																													11:00 AM
	LAP SWIM WATER EXERCISE								LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM WATER EXERCISE												
12:00 PM																													12:00 PM
	DEEP AEROBICS MARY				HIIT AQUAFIT HAWK				LAP SWIM EXERCISE PRIVATE LSSN				AQUA ZUMBA LAURA				DEEP AEROBICS MARGIE												
1:00 PM																													1:00 PM
	LAP SWIM WATER EXERCISE				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				OPEN SWIM				OPEN SWIM				
2:00 PM																													2:00 PM
	LAP SWIM WATER EXERCISE				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN												
3:00 PM																													3:00 PM
	LAP SWIM WATER EXERCISE				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN												
4:00 PM																													4:00 PM
	LAP SWIM WATER EXERCISE								LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN												
5:00 PM																													5:00 PM
	RISE WATER POLO				GROUP SWIM LESSONS				MINI				GROUP SWIM LESSONS								GROUP SWIM LESSONS								
6:00 PM																													6:00 PM
7:00 PM																													7:00 PM
	LAP SWIM EXERCISE PRIVATE LSSN																												
8:00 PM																													8:00 PM
9:00 PM	Close 8:00pm				Close 8:00PM				Close 8:00PM				Close 8:00PM				Close 6:45pm												9:00 PM