

Month: September 2026																								
Monday					Tuesday					Wednesday					Thursday					Friday				
1-Sep					2-Sep					3-Sep					4-Sep									
	Salads			Entrée		Salads			Entrée		Salads			Entrée		Salads			Entrée					
	Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian					
Calories					Calories	708.00	494.00	527	794	Calories	730.00	516.00	524.00	794	Calories	690.00	477.00	629.00	794	Calories	853.00	640.00	672	794
Protein					Protein	50.00	41.00	24	31	Protein	50.00	42.00	25.00	31	Protein	50.00	41.00	29.00	31	Protein	54.00	46.00	28.9	31
Carbs					Carbs	51.00	55.00	67	119	Carbs	56.00	61.00	66.00	119	Carbs	45.00	50.00	87.00	119	Carbs	73.00	78.00	89	119
Fat					Fat	36.00	15.00	19.8	24	Fat	36.00	15.00	20.00	24	Fat	15.60	15.20	21.00	24	Fat	41.00	19.90	25	24
Fiber					Fiber	9.50	10.50	14.9	17	Fiber	10.20	11.00	15.40	17	Fiber	10.60	11.60	18.90	17	Fiber	13.00	13.90	18.4	17
Sodium					Sodium	745.00	421.00	681	381	Sodium	749.00	425.00	689.00	381	Sodium	745.00	420.00	831.00	381	Sodium	896.00	571.00	831	381
7-Sep					8-Sep					9-Sep					10-Sep					11-Sep				
	Salads			Entrée		Salads			Entrée		Salads			Entrée		Salads			Entrée					
	Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian					
Calories	Closed				Calories	850.00	637.00	629	794	Calories	1002.00	789.00	821	794	Calories	772	558	591	794	Calories	766	552	585	794
Protein					Protein	54.00	46.00	29	31	Protein	57.00	49.00	32	31	Protein	68	41	24	31	Protein	50	42	25	31
Carbs					Carbs	72.00	76.00	87	119	Carbs	93.00	97.00	109	119	Carbs	68	72	84	119	Carbs	64	69	80	119
Fat					Fat	41.00	20.00	21	24	Fat	48.00	26.60	31	24	Fat	37	15	20	24	Fat	36	14.9	20	24
Fiber					Fiber	13.00	14.00	18.9	17	Fiber	16.90	18.00	22.2	17	Fiber	14.2	15.2	19.4	17	Fiber	11.7	12.7	17.2	17
Sodium					Sodium	896.00	571.00	831	381	Sodium	897.00	572.00	832	381	Sodium	746	422	681	381	Sodium	744	420	679	381
14-Sep					15-Sep					16-Sep					17-Sep					18-Sep				
	Salads			Entrée		Salads			Entrée		Salads			Entree		Salads			Entrée					
	Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian					
Calories	744.00	531.00	563	794	Calories	656.00	442.00	475	794	Calories	874	660	693	794	Calories	697.00	484.00	516	794	Calories	850.00	637.00	629	794
Protein	50.00	42.00	25	31	Protein	49.00	41.00	24	31	Protein	55	47	30	31	Protein	49.00	41.00	24	31	Protein	54.00	46.00	29	31
Carbs	53.00	58.00	70	119	Carbs	37.00	42.00	53	119	Carbs	78	82	94	119	Carbs	48.00	52.00	64	119	Carbs	72.00	76.00	87	119
Fat	39.00	17.40	22	24	Fat	36.00	14.90	20	24	Fat	41	20	25	24	Fat	36.00	15.00	20	24	Fat	41.00	20.00	21	24
Fiber	10.60	11.60	15.9	17	Fiber	8.90	9.90	14.2	17	Fiber	15	16	20	17	Fiber	10.00	11.00	15.3	17	Fiber	13.00	14.00	18.9	17
Sodium	749.00	425.00	684	381	Sodium	744.00	420.00	679	381	Sodium	895	571	831	381	Sodium	745.00	420.00	680	381	Sodium	896.00	571.00	831	381
21-Sep					22-Sep					23-Sep					24-Sep					25-Sep				
	Salads			Entrée		Salads			Entrée		Salads			Entrée		Salads			Entrée					
	Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian					
Calories	919.00	705.00	738	794	Calories	725.00	511.00	544	794	Calories	766.00	552.00	585	794	Calories	887	673	705	794	Calories	772	558	591	794
Protein	57.00	48.00	31	31	Protein	50.00	42.00	25	31	Protein	50.00	41.00	25	31	Protein	54	46	29	31	Protein	68	41	24	31
Carbs	72.00	77.00	89	119	Carbs	55.00	59.00	71	119	Carbs	64.00	68.00	80	119	Carbs	81	86	98	119	Carbs	68	72	84	119
Fat	48.00	27.00	32	24	Fat	36.00	15.00	20	24	Fat	36.00	14.90	20	24	Fat	41	20	25	24	Fat	37	15	20	24
Fiber	15.40	16.40	21	17	Fiber	11.40	12.40	16.7	17	Fiber	11.90	12.90	17.2	17	Fiber	13.4	14.4	18.7	17	Fiber	14.2	15.2	19.4	17
Sodium	897.00	573.00	833	381	Sodium	745.00	421.00	681	381	Sodium	744.00	420.00	679	381	Sodium	900	576	836	381	Sodium	746	422	681	381
28-Sep					29-Sep					30-Sep														
	Salads			Entrée		Salads			Entrée		Salads			Entrée		Salads			Entrée					
	Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian		Chef	Chick	Veg	Vegetarian					
Calories	772	558	591	794	Calories	710.00	501.00	529	794	Calories	656.00	442.00	475	794	Calories					Calories				
Protein	68	41	24	31	Protein	50.00	42.00	25	31	Protein	49.00	41.00	24	31	Protein					Protein				
Carbs	68	72	84	119	Carbs	51.00	56.00	68	119	Carbs	37.00	42.00	53	119	Carbs					Carbs				
Fat	37	15	20	24	Fat	36.00	15.30	20	24	Fat	36.00	14.90	20	24	Fat					Fat				
Fiber	14.2	15.2	19.4	17	Fiber	10.50	11.90	15.8	17	Fiber	8.90	9.90	14.2	17	Fiber					Fiber				
Sodium	746	422	681	381	Sodium	749.00	420.00	684	381	Sodium	744.00	420.00	679	381	Sodium					Sodium				