

Louisville Aquatics PROGRAM POOL Aug. 31 - Sept. 6

MONDAY					TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY				
LANES	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	LANES
5:30 AM																													5:45 AM
6:00 AM	LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE												6:00 AM
7:00 AM	LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				7:00 AM
8:00 AM	LAP SWIM WATER EXERCISE				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				8:00 AM
9:00 AM	AQUAFIT COMBO MARGIE				AERO DEEP MARY				LAP SWIM EXERCISE PRIVATE LSSN				AERO DEEP MARY				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM WATER EXERCISE								9:00 AM
10:00 AM	LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				AQUAFIT COMBO HAWK				LAP SWIM WATER EXERCISE				MINIS				10:00 AM
11:00AM	LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE								11:00 AM
12:00 PM	LAP SWIM EXERCISE PRIVATE LSSN				HIIT AQUAFIT HAWK				LAP SWIM EXERCISE PRIVATE LSSN				AQUA ZUMBA LAURA				LAP SWIM WATER EXERCISE										12:00 PM		
1:00 PM	LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				OPEN SWIM		OPEN SWIM				1:00 PM		
2:00 PM	LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN										2:00 PM		
3:00 PM	LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN										3:00 PM		
4:00 PM									LAP SWIM EXERCISE PRIVATE LSSN								LAP SWIM EXERCISE PRIVATE LSSN										4:00 PM		
5:00 PM	RISE WATER POLO				GROUP SWIM LESSONS				MINIS		LAP SWIM EXERCISE PRIVATE LSSN		GROUP SWIM LESSONS				LAP SWIM EXERCISE PRIVATE LSSN				Close 4:45pm				Close 4:45pm				5:00 PM
6:00 PM									DEEP AEROBICS HAWK								LAP SWIM EXERCISE PRIVATE LSSN				Color Key: LAP SWIM WATER EXERCISE GROUP LESSONS WATER AEROBICS CLASSES OPEN SWIM Private Minis						6:00 PM		
7:00 PM	LAP SWIM EXERCISE PRIVATE LSSN								LAP SWIM EXERCISE PRIVATE LSSN																				
8:00 PM																											8:00 PM		
9:00 PM	Close 7:45PM				Close 7:45PM				Close 7:45PM				Close 7:45PM				Close 6:45pm												9:00 PM