

Louisville Aquatics PROGRAM POOL Sept. 7 - 13

	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY												
LANES	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	LANES								
5:30 AM					LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE												5:45 AM								
6:00 AM																																					6:00 AM
7:00 AM					LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				LAP SWIM WATER EXERCISE				7:00 AM												
8:00 AM					MINI	LAP SWIM EXERCISE PRIVATE LSSN			LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM WATER EXERCISE				8:00 AM												
9:00 AM	CLOSED FOR HOLIDAY				AERO DEEP MARY				LAP SWIM EXERCISE PRIVATE LSSN				AERO DEEP MARY				LAP SWIM EXERCISE PRIVATE LSSN				GROUP SWIM LESSONS								9:00 AM								
10:00 AM					WATER RUNNING NANCY				AQUA ZUMBA LAURA				WATER RUNNING NANCY				AQUAFIT COMBO HAWK				MINIS				10:00 AM												
11:00AM									LAP SWIM EXERCISE PRIVATE LSSN								LAP SWIM WATER EXERCISE								11:00 AM												
12:00 PM					HIIT AQUAFIT HAWK				LAP SWIM EXERCISE PRIVATE LSSN				AQUA ZUMBA LAURA				DEEP AEROBICS MARGIE								12:00 PM												
1:00 PM					LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				OPEN SWIM				OPEN SWIM				1:00 PM								
2:00 PM					LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN												2:00 PM								
3:00 PM					LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN				LAP SWIM EXERCISE PRIVATE LSSN												3:00 PM								
4:00 PM									LAP SWIM EXERCISE PRIVATE LSSN								LAP SWIM EXERCISE PRIVATE LSSN												4:00 PM								
5:00 PM					GROUP SWIM LESSONS				MINI				GROUP SWIM LESSONS				GROUP SWIM LESSONS												5:00 PM								
6:00 PM									DEEP AEROBICS HAWK																				6:00 PM								
7:00 PM																													7:00 PM								
8:00 PM																													8:00 PM								
9:00 PM	Closed				Close 8:00PM				Close 8:00PM				Close 8:00PM				Close 6:45pm				Private Minis				9:00 PM												

Color Key:
LAP SWIM WATER EXERCISE
GROUP LESSONS
WATER AEROBICS CLASSES
OPEN SWIM
Private Minis