

September 2025

Lunch is served promptly at 12 noon. If you are not here by 12:05 your meal may be given away.

For reservations, please email or call Tricia by 1:30 p.m. the business day before at PMorgan@louisvilleco.gov or (303) 335-4931. **Suggested donation for 60+: \$4.75 for 59 & under the cost is \$17.50.**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Vegetarian Portobello Philly Cheese Sandwich with Provolone Cheese on a Hoagie Roll Spinach Salad Strawberries	2 Roast Beef with Hummus & Fresh Vegetables in a Whole Wheat Pita with Dijon Mustard on side Avocado Salad with Tomatoes & Mozzarella and Basil Pesto Fresh Fruit Cup	3 Tuna Salad with Swiss Cheese in a Pita Macaroni Salad Spinach Salad Mixed Berries	4 Oven Fried Chicken Mashed Potatoes with Gravy Corn, Tomato & Avocado Salad Pineapple Whole Wheat Roll
7 Closed-Labor Day	8 Pork Marsala Whole Wheat Pasta Spinach Salad with Balsamic Dressing Mixed Berries Whole Wheat Roll	9 Louisville PD Beef Broccoli Stir Fry Brown Rice California Vegetables Whole Banana Whole Wheat Roll	10 Bingo Chipotle Chicken with Rice Roasted Corn Black Beans Grapes	11 Barbed Wire Vegetable Lasagna with Alfredo Sauce Mixed Greens with Italian Dressing Banana
14 Stuffed French Toast with Maple Syrup Yogurt Fruit Parfait Bacon	15 Mediterranean Chicken with Sun- dried Tomatoes Farfalle Pasta with Garlic & Olive oil Spinach Salad with Sunflower Seeds, Tomatoes & Balsamic Dressing	16 Baked Tilapia with Tartar Sauce Brown Rice Tossed Salad with Balsamic Dressing Whole Orange Whole Wheat Roll	17 Birthday Lunch Beef Cabbage Rolls Steamed Broccoli Seasoned Cottage Cheese Mixed Berries Whole Wheat Roll	18 Garlic Ginger Pork Stir Fry with Noodles Spinach Salad with Pine Nuts & Tahini Dressing Pineapple
21 Roasted Chicken Thigh & Drumstick Whipped Sweet Potatoes Squash Medley Strawberries Whole Wheat Roll	22 Pad Thai Lime Wedge Thai Mango Salad Cutie 	23 Breakfast Casserole with Sausage, Hash Browns, Veggies and Eggs Blueberry muffin Broccoli Banana	24 Bingo Baked Cod with Rice Corn Marinated Cucumbers Fruit Cup Fig Cookie Whole Wheat Roll	25 Creamy Beef & Mushroom Stroganoff on Fettucine Mixed Greens with Honey-Lemon Dressing Whole Apple
28 Reuben Bake Coleslaw Apple	29 Meatloaf Mashed Potatoes with Gravy Carrots & Green Bean Medley Peach	30 Barbed Wire Breaded Pork Chop with Gravy Mashed Potatoes Broccoli Broiled 1/2 Tomato	Vegetarian Options: Tofu Stir-fry with mixed Veggies, Brown Rice and an Orange	Entrée Salads: Grilled Chicken, Chef Salad, or Veggie Salad w/ hard boiled eggs

Menu subject to change. Meals prepared in a facility with wheat, nuts & milk. *Allergen information available upon request.* **Meals on Wheels** offers an option of home delivery & weekend meals, please call 303-665-0566